

greenspot

Salad Company

SALADS

SUPERFOOD \$9 GF

Baby Spinach, Shredded Kale, Quinoa, Roasted Sweet Potato, Broccoli, Avocado, Lemon Juice and Olive Oil + Grilled Tofu \$4

FARMHOUSE \$9 V

Baby Spinach, Romaine Lettuce, Grape Tomato, Shredded Carrot, Cucumber, Broccoli, Cheddar Cheese, Housemade Croutons, Buttermilk Ranch Dressing + Hickory BBQ Chicken \$4

COBB \$10 GF

Romaine Lettuce, Grape Tomato, Shredded Carrot, Smoked Bacon, Egg, Avocado, Blue Cheese Dressing
+ Buffalo Grilled Chicken \$4

CAESAR \$8 V

Romaine Lettuce, Housemade Croutons, Parmesan Cheese, Creamy Caesar Dressing
+ Citrus Grilled Chicken \$4

GREEK \$9 GF, V

Romaine Lettuce, Grape Tomato, Cucumber, Red Onion, Kalamata Olives, Feta Cheese, Greek Vinaigrette
+ Citrus Grilled Chicken \$4

ENSENADA \$9 GF, V

Spring Mix, Grape Tomato, Red Onion, Roasted Sweet Corn, Red Bell Pepper, Avocado, Cilantro Citrus Dressing + Grass-fed Steak \$5

CUSTOM SALAD \$9
Your Choice of Greens, Up to 6 Basic Ingredients, and Dressing
Additional Basic Ingredients, Select Ingredients, and Proteins priced A La Carte

BOWLS

ICHIBAN STEAK \$15

Grass-fed Steak, Soba Noodles, Baby Spinach, Red Cabbage, Shredded Carrot, Edamame, Sesame Seed, Green Onion, Ginger Peanut Dressing

HARVEST CHICKEN \$14

Citrus Grilled Chicken, Quinoa, Shredded Kale, Roasted Sweet Potato, Apple, Cranberry, Walnut, Maple Dijon Vinaigrette

RAINBOW TOFU \$14 GF

Grilled Tofu, Quinoa, Spring Mix, Red Cabbage, Grape Tomato, Shredded Carrot, Roasted Sweet Corn, Avocado, Lemon Basil Vinaigrette

ZA'ATAR CHICKEN \$14

Citrus Grilled Chicken, Israeli Couscous, Shredded Kale, Grape Tomato, Cucumber, Red Onion, Garbanzo Bean, Feta Cheese, Za'atar Spices, Olive Oil & Red Wine Vinegar

BAJA STEAK \$15

Grass-fed Steak, Yellow Rice, Spinach, Roasted Sweet Corn, Red Bell Pepper, Black Bean, Fresh Pico, Avocado, Cilantro, Smoked Jalapeno Dressing

CUSTOM BOWL \$10

Your Choice of Greens, Up to 6 Basic Ingredients, and Dressing
Additional Basic Ingredients, Select Ingredients, and Proteins priced A La Carte

WRAPS

CALIFORNIA TURKEY \$13

Roast Turkey Breast, Spring Mix, Grape Tomato, Red Onion, Cheddar Cheese, Avocado, Buttermilk Ranch Dressing

BLT CHICKEN CAESAR \$12

Citrus Grilled Chicken, Romaine Lettuce, Grape Tomato, Smoked Bacon, Parmesan Cheese, Creamy Caesar Dressing

VEGAN MARKET \$11

Grilled Tofu, Spring Mix, Shredded Carrot, Red Pepper, Cucumber, Avocado, Tahini Goddess Dressing

BUFFALO CHICKEN \$11

Buffalo Grilled Chicken, Romaine Lettuce, Shredded Carrot, Celery, Green Onion, Blue Cheese Dressing

SOCAL STEAK \$13

Grass-fed Steak, Baby Spinach, Yellow Rice, Red Cabbage, Fresh Pico, Avocado, Smoked Jalapeno Dressing

CUSTOM WRAP \$8

Your Choice of Greens, Up to 6 Basic Ingredients, and Dressing
Additional Basic Ingredients, Select Ingredients, and Proteins priced A La Carte

SIDES

ROASTED POTATO WEDGES GF

Russet Potato Wedges roasted in Olive Oil and our Signature Spice Blend. Served with your choice of dressing for dipping. Regular (6pcs.) \$3.5 Family (18pcs) \$9

BUFFALO POTATO WEDGES V

Roasted Potato Wedges topped with buffalo sauce, blue cheese crumbles, and green onions. Served with Blue Cheese Dressing for dipping. Regular (6pcs.) \$5 Family (18pcs) \$12

LOADED POTATO WEDGES

Roasted Potato Wedges topped with Cheddar Cheese, Smoked Bacon Crumbles, Sour Cream, and Green Onion. Served with your choice of dressing for dipping. Regular (6pcs.) \$5.5 Family (18pcs) \$14

TOMATO BASIL BISQUE V

A delicious and comforting soup with tangy tomato, fresh basil, and just a hint of cream
Cup (8 oz) \$3 Bowl (12oz) \$4 Family (32oz) \$10

VEGAN CHILI

A hearty vegan recipe of Beans, Chilis, Spices, and Vegetables without any Meat Substitutes, Preservatives, or Artificial Flavors.
Cup (8 oz) \$3 Bowl (12oz) \$4 Family (32oz) \$10

COOKIES V

Chocolate Chip, Peanut Butter, and Snickerdoodle
1 Cookie \$1 1/2 Dozen Cookies \$5

**FLIP PAGE FOR
CUSTOM SHOP!**

CUSTOM SHOP >>

GREENS + GRAINS

Romaine Lettuce	Yellow Rice
Baby Spinach	Quinoa
Spring Mix	Israeli Couscous
Shredded Kale	Soba Noodle

PROTEINS

Citrus Grilled Chicken \$4

Freshly grilled citrus
marinated chicken tenders

Roasted Turkey Breast \$4

Hand carved, All-Natural, Turkey Breast

Grilled Tofu \$4

Marinated Tofu Steak, grilled and sliced

Grass-Fed Steak \$5

Marinated, All-Natural,
Grass-Fed, Hand-Trimmed Sirloin

Smoked Bacon Crumbles \$2

BASIC TOPPINGS + 50 cents

Grape Tomato, Shredded Carrot, Cucumber,
Red Cabbage, Red Onion, Red Bell Pepper,
Celery, Broccoli, Roasted Sweet Corn,
Edamame, Black Bean, Garbanzo Bean,
Roasted Sweet Potato, Apple,
Mushroom, Jalapeno, Dried Cranberry,
Walnut, Fresh Pico de Gallo, Housemade
Crouton, Cilantro, Green Onion,
Toasted Sesame Seed, Za'atar Spices

SELECT TOPPINGS + \$1

Shredded Cheddar Cheese, Feta Cheese
Crumbles, Blue Cheese, Shaved Parmesan Cheese,
Kalamata Olive, Hard Boiled Egg, Avocado

DRESSINGS

Buttermilk Ranch, Creamy Caesar, Greek
Vinaigrette, Balsamic Vinaigrette,
Blue Cheese, Lemon Basil Vinaigrette,
Tahini Goddess, Smoked Jalapeno,
Cilantro Citrus, Ginger Peanut,
Maple Dijon, Olive Oil, Red Wine Vinegar,
Balsamic Vinegar, Lemon Juice, Hickory
BBQ Sauce, Buffalo Sauce

\$9 SALADS \$10 BOWLS \$8 WRAPS

YOUR CHOICE OF GREENS, UP TO
6 BASIC INGREDIENTS, & DRESSING

Additional Basic Ingredients, Select Ingredients, and Proteins priced A La Carte



KIDS MENU

TURKEY CHEESE ROLL-UP \$5

Turkey Breast and Cheddar Cheese rolled into
a Whole Wheat Tortilla, served with Buttermilk
Ranch or Hickory BBQ for dipping

CHICKEN NUGGETS \$4

6 all-natural white meat chicken nuggets
served with Buttermilk Ranch or Hickory
BBQ for dipping

KID'S SALAD \$4

A junior sized portion of any menu salad

DRINKS

KOMBUCHA 12OZ \$5

SPINDRIFT 12OZ \$2.5

VITA COCO 11OZ \$4

COKE 12OZ \$1.5

DIET COKE 12OZ \$1.5

SMART WATER 500ML \$2

BOTTLED ICED-TEA \$3

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SAN DIEGO BASED & FAMILY OWNED

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